

## 2019 Catholic Psychotherapy Association Conference

### **Practicing Child-Centered Play Therapy and Filial Therapy within A Catholic Vision of the Person and Family**

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#### **Agenda**

##### **Part I: Child-Centered Play Therapy**

1. A Catholic Christian Meta-Model Vision of the Person (CCMMP): Theological, Philosophical and Psychological Premises
2. Applying the Catholic Meta-Model of the Person in Mental Health Practice
3. Introduction to the Child-Centered Play Therapy (CCPT) model: History, Broad Goals, Theoretical Underpinnings, and Research
4. Compatibility of the CCPT Model with a Catholic Christian Vision of the Person
5. Logistics of CCPT: What Problems; What Ages; Frequency & Duration of Sessions
6. The Core Therapist Skills of the CCPT Model
7. The Core Stages within the CCPT Process and Associated Therapeutic Themes
8. Clinical Examples of the CCPT Process in Action
9. Questions & Discussion of How the CCPT Process is Compatible with A Christian Vision of the Person

##### **Part II: Filial Therapy: Involving Parents in the Treatment of Their Children**

10. Introduction to Filial Therapy: History; Theoretical Underpinnings; Additional Goals Beyond CCPT; Research
11. Compatibility of the Filial Therapy model with a Catholic Vision of the Person and Vision of Marriage and Family Life
12. Logistics of Filial Therapy Model: Appropriate Parents; Appropriate Children; What Ages; Group and Individual Family Formats
13. The General Stages of the Filial Therapy Process

14. Session Outline for a Typical 10-12 Session Treatment Process for a Single-Family
15. Clinical Example of Filial Therapy
16. Additional Question and Discussion of Filial Therapy (and Child-Centered Play Therapy) in General, As Well as Their Compatibility with a Catholic Christian Vision of the Person

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For Information on Training and Certification in Child Centered Play Therapy and Filial Therapy: National Institute of Relationship Enhancement Website: [www.nire.org](http://www.nire.org)