



Office of the Bishop

April 2023

Dear Friends,

I am delighted to welcome you to San Diego as you gather for the 2023 Catholic Psychotherapy Association Conference in this portion of the Lord's Vineyard.

The work to which you are committed in support of mental health practitioners through promoting the development of psychological theory and mental health practice which encompasses a full understanding of the human person, family, and society in fidelity to Church teaching is an important and vital element in your profession.

My hope and prayer is that your gathering, in addition to providing educational and professional growth opportunities, will also be an occasion to strengthen the collegiality you enjoy, deepen your commitment to follow our Lord, and make ever more clear the importance of your work for our Church and the wider community.

Sincerely yours in Christ,

A handwritten signature in blue ink, which appears to read "R. McElroy".

Robert Cardinal McElroy  
Bishop of San Diego